



**19/20 denboraldia, Igeriketako 9. zirkularra (behin behinekoa)**  
**Temporada 19/20, Circular de natación nº 9 (provisional)**

**GUTXIENEO DENBORAK 19/20 DENBORALDIA // MÍNIMAS TEMPORADA 19/20**

**NEGUA/INVIERNO**

**BANAKAKO PROBAK/PRUEBAS INDIVIDUALES**

EMAKUMEZKOAK / FEMENINO						GUTXIENEOAK MÍNIMAS 19/20	GIZONEZKOAK / MASCULINO					
INFANTIL		JUNIOR		PROMESA	ABSOLUTO		ABSOLUTO	PROMESA	JUNIOR		INFANTIL	
2006	2005	2004	2003	2002-2001	2000 /+		1999/+	2001-2000	2002	2003	2004	2005
		00:31,86	00:31,36	00:31,12	00:30,89	<b>50 Libre</b>	00:27,49	00:27,70	00:27,92	00:28,38		
		01:09,61	01:08,51	01:07,99	01:07,48	<b>100 Libre</b>	01:01,68	01:02,15	01:02,64	01:03,67		
		02:32,08	02:29,69	02:28,54	02:27,43	<b>200 Libre</b>	02:14,11	02:15,14	02:16,20	02:18,44		
05:38,79*	05:26,46*	05:18,29	05:13,28	05:10,89	05:08,57	<b>400 Libre</b>	04:49,34	04:51,57	04:53,86	04:58,68	05:06,54*	05:18,46*
11:34,59*	11:09,31*	10:52,57	10:42,29	10:37,39	10:32,63	<b>800 Libre</b>	09:54,43				10:29,78*	10:54,26*
21:58,83*	21:10,83*				20:01,19	<b>1500 libre</b>	19:05,19	19:14,00	19:23,09	19:42,16	20:13,28*	21:00,44*
					00:34,03	<b>50 Txime./Mari.</b>	00:30,75					
		01:20,28	01:18,73	01:17,99	01:17,28	<b>100 Txime./Mari.</b>	01:08,78	01:09,40	01:10,03	01:11,38		
		02:56,27	02:52,85	02:51,23	02:49,67	<b>200 Txime./Mari.</b>	02:33,95	02:35,33	02:36,75	02:39,77		
					00:36,03	<b>50 Bizkar/Espal.</b>	00:32,05					
		01:20,08	01:18,72	01:18,07	01:17,45	<b>100 Bizkar/Espal.</b>	01:09,24	01:09,79	01:10,37	01:11,58		
		02:51,28	02:48,38	02:47,00	02:45,66	<b>200 Bizkar/Espal.</b>	02:29,45	02:30,65	02:31,90	02:34,52		
					00:39,57	<b>50 Bular/Braza</b>	00:35,52					
03:08,40	03:00,70	01:29,33	01:27,78	01:27,04	01:26,32	<b>100 Bular/Braza</b>	01:18,15	01:18,83	01:19,54	01:21,02	02:44,97	02:52,23
06:37,89	06:21,63	03:13,77	03:10,40	03:08,80	03:07,25	<b>200 Bular/Braza</b>	02:53,37	02:54,88	02:56,44	02:59,74	05:52,86	06:08,39
		01:20,97	01:19,44	01:18,72	01:18,02	<b>100 4 Estil./Estil.</b>	01:09,39	01:10,01	01:10,65	01:12,01		
03:08,40*	03:00,70*	02:55,68	02:52,62	02:51,17	02:49,77	<b>200 4 Estil./Estil.</b>	02:34,72	02:36,03	02:37,39	02:40,25	02:44,97*	02:52,23*
06:37,89*	06:21,63*	06:11,02	06:04,57	06:01,51	05:58,54	<b>400 4 Estil./Estil.</b>	05:30,94	05:33,75	05:36,65	05:42,77	05:52,86*	06:08,39*



**NEGUA/INVIERNO**  
**ERRELEBOAK/RELEVOS**

EMAKUMEZKOAK / FEMENINO						GUTXIENEOAK MÍNIMAS 19/20	GIZONEZKOAK / MASCULINO					
INFANTIL		JUNIOR		PROMESA	ABSOLUTO		ABSOLUTO 1998/+	PROMESA 2000-1999	JUNIOR		INFANTIL	
2005	2004	2003	2002	2001-2000	1999 /+				2001	2002	2003	2004
		02:11,11		02:06,06		4X50 libre	01:50,73		01:55,16			
04:59,38		04:46,34		04:35,32		4X100 libre	04:05,64		04:15,48		04:27,11	
10:55,68		10:27,14		10:02,99		4X200 libre	09:06,19		09:28,06		09:53,92	
		02:24,19		02:18,64		4X50 4 Estil./Estil.	02:01,92		02:06,80			
05:29,28		05:14,94		05:02,82		4X100 4 Estil./Estil.	04:30,49		04:41,32		04:54,13	

MISTOAK/MIXTOS
4X50 libre
02:00,00
4X100 libre
04:25,00
4X50 4 Estil./Estil.
02:10,00
4X100 4 Estil./Estil.
04:51,00





**UDARA/VERANO**

**BANAKAKO PROBAK/PRUEBAS INDIVIDUALES**

EMAKUMEZKOAK / FEMENINO								GUTXIENEOAK	MASCULINO							
ALEBIN		INFANTIL		JUNIOR		PROMESA	ABSOLUTO	MINÍMAS 19/20	ABSOLUTO	PROMESA	JUNIOR		INFANTIL		ALEBIN	
2008	2007	2006	2005	2004	2003	2002-2001	2000 /+		1999/+	2001-2000	2002	2003	2004	2005	2006	2007
		00:33,91	00:32,68	00:31,86	00:31,36	00:31,12	00:30,89	50 Libre	00:27,39	00:27,49	00:27,70	00:28,15	00:28,87	00:29,96		
		01:14,09	01:11,39	01:09,61	01:08,51	01:07,99	01:07,48	100 Libre	01:01,44	01:01,68	01:02,15	01:03,14	01:04,76	01:07,21		
		02:41,87	02:35,98	02:32,08	02:29,69	02:28,54	02:27,43	200 Libre	02:13,60	02:14,11	02:15,14	02:17,30	02:20,82	02:26,14		
06:20,50*	05:57,24*	05:38,79	05:26,46	05:18,29	05:13,28	05:10,89	05:08,57	400 Libre	04:48,25	04:49,34	04:51,57	04:56,23	05:03,83	05:15,31	05:32,48*	05:54,13*
13:00,10*	12:12,41*	11:34,59	11:09,31	10:52,57	10:42,29	10:37,39	10:32,63	800 Libre	09:52,20						11:23,05*	12:07,53*
24:41,19*	23:10,64*						20:01,19	1500 libre	19:00,88	19:05,19	19:14,00	19:32,47	20:02,54	20:47,96	21:55,92*	23:21,60*
							00:34,03	50 Txime./Mari.	00:30,83							
		01:26,93	01:22,88	01:20,28	01:18,73	01:17,99	01:17,28	100 Txime./Mari.	01:08,48	01:08,78	01:09,40	01:10,69	01:12,84	01:16,15		
		03:10,85	03:01,96	02:56,27	02:52,85	02:51,23	02:49,67	200 Txime./Mari.	02:33,28	02:33,95	02:35,33	02:38,23	02:43,03	02:50,45		
							00:36,03	50 Bizkar/Espal.	00:32,10							
		01:25,70	01:22,30	01:20,08	01:18,72	01:18,07	01:17,45	100 Bizkar/Espal.	01:09,36	01:09,24	01:09,79	01:10,97	01:12,89	01:15,81		
		03:03,31	02:56,04	02:51,28	02:48,38	02:47,00	02:45,66	200 Bizkar/Espal.	02:29,45	02:29,45	02:30,65	02:33,19	02:37,33	02:43,63		
							00:39,57	50 Bular/Braza	00:35,76							
		01:35,80	01:31,88	01:29,33	01:27,78	01:27,04	01:26,32	100 Bular/Braza	01:18,37	01:18,15	01:18,83	01:20,27	01:22,63	01:26,27		
		03:27,80	03:19,31	03:13,77	03:10,40	03:08,80	03:07,25	200 Bular/Braza	02:50,28	02:53,37	02:54,88	02:58,06	03:03,30	03:11,37		
		01:27,43	01:23,50	01:20,97	01:19,44	01:18,72	01:18,02	100 Estil./Estil.	01:09,05	01:09,39	01:10,01	01:11,32	01:13,48	01:16,83		
03:35,66*	03:20,20*	03:08,40	03:00,70	02:55,68	02:52,62	02:51,17	02:49,77	200 Estil./Estil.	02:34,72	02:34,72	02:36,03	02:38,80	02:43,33	02:50,29	03:00,96*	03:14,94*
07:35,47*	07:02,82*	06:37,89	06:21,63	06:11,02	06:04,57	06:01,51	05:58,54	400 Estil./Estil.	05:30,94	05:30,94	05:33,75	05:39,65	05:49,36	06:04,25	06:27,07*	06:56,96*



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**UDARA/VERANO**  
**ERRELEBOAK/RELEVOS**

EMAKUMEZKOAK / FEMENINO								GUTXIENEOAK	MASCULINO							
ALEBIN		INFANTIL		JUNIOR		PROMESA	ABSOLUTO	MINIMAS 19/20	ABSOLUTO	PROMESA	JUNIOR		INFANTIL		ALEBIN	
2007	2006	2005	2004	2003	2002	2001-2000	1999/+		1998/+	2000-1999	2001	2002	2003	2004	2005	2006
							02:05,14	4X50 libre	01:49,92							
05:15,16		04:56,58		04:44,00		04:33,31		4X100 libre	04:03,85		04:13,39		04:24,61		04:41,19	
11:30,26		10:49,56		10:22,00		09:58,59		4X200 libre	09:02,20		09:23,40		09:48,36		10:25,23	
							02:17,63	4X50 Estil./Estil.	02:01,03							
05:46,64		05:26,20		05:12,36		05:00,60		4X100 Estil./Estil.	04:28,52		04:39,02		04:51,38		05:09,64	

MISTOAK/MIXTOS
4X50 libre
02:00,00
4X100 libre
04:25,00
4X50 4 Estil./Estil.
02:10,00
4X100 4 Estil./Estil.
04:51,00





## GIPUZKOA OPEN SARIA

EMAKUMEZKOAK / FEMENINO			GUTXIENEOAK MÍNIMAS 19/20	GIZONEZKOAK / MASCULINO		
INFANTIL 2006-2005	JUNIOR 2004-2003	ABSOLUTO Guztiak/Todas		ABSOLUTO Guztiak/Todas	JUNIOR 2002-2003	INFANTIL 2004-2005
00:32,40	00:31,61	00:30,66	50 Libre	00:27,09	00:27,92	00:28,62
01:10,78	01:09,05	01:06,99	100 Libre	01:00,77	01:02,64	01:04,21
02:34,64	02:30,86	02:26,36	200 Libre	02:12,13	02:16,20	02:19,61
05:23,65	05:15,75	05:06,32	400 Libre	04:45,09	04:53,86	05:01,21
11:03,54	10:47,35	10:28,01	800 Libre	09:45,69		
		19:52,42	1500 libre	18:48,35	19:23,09	19:52,17
00:36,10	00:35,00	00:33,73	50 Txime./Mari.	00:30,23	00:31,31	00:32,23
01:21,98	01:19,49	01:16,60	100 Txime./Mari.	01:07,62	01:10,03	01:12,09
02:59,98	02:54,52	02:48,17	200 Txime./Mari.	02:31,34	02:36,75	02:41,36
00:37,93	00:36,93	00:35,75	50 Bizkar/Espal.	00:31,55	00:32,57	00:33,43
01:21,53	01:19,39	01:17,00	100 Bizkar/Espal.	01:08,17	01:10,37	01:12,22
02:54,39	02:49,80	02:44,36	200 Bizkar/Espal.	02:27,15	02:31,90	02:35,90
00:41,72	00:40,59	00:39,26	50 Bular/Braza	00:34,93	00:36,15	00:37,18
01:31,00	01:28,54	01:25,63	100 Bular/Braza	01:16,86	01:19,54	01:21,81
03:17,39	03:12,06	03:05,76	200 Bular/Braza	02:50,51	02:56,44	03:01,49
			100 4 Estil./Estil.			
02:57,29	02:52,62	02:47,09	200 4 Estil./Estil.	02:32,23	02:37,39	02:41,76
06:14,43	06:04,57	05:52,90	400 4 Estil./Estil.	05:25,60	05:36,65	05:46,00

GUTXIENEOAK MÍNIMAS 19/20
MISTOAK/MIXTOS 4X100 libre 04:18,00
4X100 4 Estil./Estil. 04:43,00

25m-ko igerilekua eta kronometraje elektronikoki dagozkion gutxieneko denborak

Mínimas referidas a piscina de 25 m. y cronometraje electrónico

\* Giltza diren gutxienekoak/\* Mínimas llave



**IGERIKETA EGOKITUA // NATACIÓN ADAPTADA**  
**NEGUA/INVIERNO, UDARA/VERANO, GIPUZKOA OPEN SARIA-RICHARD ORIBE**

GIZONEZKOAK / MASCULINO														
	50L	100L	200L	400L	50E	100E	200E	50B	100B	200B	50M	100M	100EI	200EI
S1	01:49,31	03:52,26	08:29,21	x	02:16,81	x	x	02:33,79	x	x	03:22,01	x	x	x
S2	01:41,23	03:31,32	07:49,20	x	01:48,19	x	x	01:36,22	x	x	02:19,72	x	x	x
S3	01:12,84	02:40,77	5.35,92	x	01:15,76	x	x	01:22,91	x	x	01:35,38	x	x	07:52,39
S4	01:04,19	02:20,95	05:00,63	x	01:13,03	02:46,43	x	01:14,28	02:37,77	x	01:09,21	x	x	06:07,06
S5	00:54,80	01:56,94	04:10,52	x	00:59,91	02:10,64	x	01:12,16	02:36,46	x	00:58,39	02:13,01	02:15,07	04:48,84
S6	00:48,85	01:51,91	03:59,72	08:12,04	00:59,86	02:05,78	x	01:04,46	02:07,18	x	00:51,12	02:00,99	02:07,68	04:31,23
S7	00:47,31	01:43,17	03:54,62	07:57,32	00:55,67	01:58,87	04:36,24	01:01,78	02:03,97	04:45,68	00:50,42	01:56,68	02:01,95	04:21,84
S8	00:44,13	01:36,57	03:43,30	07:34,99	00:52,76	01:48,27	04:16,65	00:53,98	01:54,58	04:13,04	00:47,94	01:43,36	01:50,56	04:00,96
S9	00:42,97	01:34,56	03:29,55	07:07,37	00:50,95	01:45,59	03:52,14	00:49,86	01:49,47	04:03,27	00:46,51	01:41,28	01:41,00	03:48,45
S10	00:39,60	01:26,98	03:15,72	06:46,47	00:47,63	01:42,61	03:50,91	x	x	x	00:43,17	01:35,74	01:38,63	03:42,31
S11	00:43,21	01:36,90	03:33,02	07:26,01	00:55,24	01:55,83	04:22,34	00:55,48	01:59,83	04:37,97	00:47,89	01:44,51	01:58,63	04:03,50
S12	00:39,31	01:27,05	03:24,22	07:00,56	00:48,15	01:41,48	03:56,14	00:52,18	01:52,90	04:23,47	00:45,09	01:37,19	01:41,62	03:43,78
S13	00:40,61	01:27,29	03:16,69	06:42,80	00:47,14	01:37,41	03:51,27	00:51,12	01:48,72	04:14,49	00:41,94	01:33,91	01:46,36	03:31,67
S14	00:42,97	01:34,56	03:29,55	07:13,68	00:50,95	01:44,22	04:02,73	00:51,29	01:52,85	04:16,22	00:46,16	01:40,20	01:41,00	03:47,75
S14D	00:44,13	01:36,57	03:43,30	07:34,99	00:52,76	01:48,27	04:16,65	01:01,78	02:03,97	04:45,68	00:47,94	01:43,36	01:50,56	04:00,96
EMAKUMEZKOAK / FEMENINO														
	50L	100L	200L	400L	50E	100E	200E	50B	100B	200B	50M	100M	100EI	200EI
S1	02:26,65	04:35,87	09:23,71	x	02:01,35	x	x	02:57,64	x	x	02:34,87	x	x	x
S2	01:53,73	03:54,18	08:15,94	x	01:47,72	x	x	02:04,17	x	x	01:45,84	x	x	x
S3	01:20,59	02:46,85	06:26,52	x	01:36,81	x	x	01:32,69	x	x	01:35,75	x	x	x
S4	01:11,34	02:38,03	05:31,54	x	01:22,91	02:57,68	x	01:22,86	02:57,82	x	01:36,37	x	x	x
S5	01:01,35	02:11,06	04:41,47	x	01:06,14	02:38,87	x	01:14,34	02:40,48	x	01:09,27	03:21,16	02:41,37	05:30,76
S6	00:59,45	02:05,39	04:29,18	09:05,77	01:08,19	02:24,85	x	01:16,77	02:43,31	x	01:01,64	02:32,64	02:34,63	05:15,33
S7	00:54,10	01:56,32	04:10,40	08:31,31	01:06,75	02:19,48	05:00,37	01:11,93	02:31,38	05:43,87	00:57,81	02:17,03	02:03,57	04:48,01
S8	00:51,77	01:52,22	04:01,32	08:02,69	01:03,35	02:07,15	05:05,57	01:02,19	02:11,95	04:57,34	00:55,86	01:59,33	02:03,57	04:26,75
S9	00:49,65	01:44,44	03:42,09	07:31,10	00:57,50	01:58,50	04:13,57	01:02,27	02:11,54	04:57,70	00:54,68	01:54,12	01:41,00	04:12,78
S10	00:48,52	01:42,85	03:47,85	07:41,66	00:54,51	01:52,68	04:06,09	x	x	x	00:48,52	01:49,35	01:54,02	04:09,05
S11	00:52,90	01:55,06	04:22,17	08:51,40	01:02,39	02:14,38	04:52,20	01:08,24	02:29,40	05:26,91	00:56,85	02:08,53	02:14,60	04:45,41
S12	00:45,99	01:39,87	03:52,45	07:54,29	00:57,06	01:56,26	04:18,42	00:59,96	02:10,12	05:01,02	00:51,41	01:47,91	01:57,81	04:13,07
S13	00:46,81	01:40,66	03:44,72	07:39,36	00:55,76	01:55,06	04:25,11	01:02,02	02:11,87	04:53,24	00:52,05	01:52,77	02:01,85	04:12,46
S14	00:49,65	01:44,44	03:42,09	08:07,34	00:57,50	01:52,29	04:10,35	01:00,15	02:11,41	04:45,56	00:52,58	01:58,10	01:54,02	04:16,01
S14D	00:51,77	01:52,22	04:01,32	08:02,69	01:03,35	02:07,15	05:05,57	01:11,93	02:31,38	04:57,34	00:55,86	01:59,33	02:03,57	04:26,75

25m-ko igerilekua eta kronometraje elektronikoki dagozkion gutxienezko denborak  
 Mínimas referidas a piscina de 25 m. y cronometraje electrónico