



18/19 denboraldia, Igeriketako 11. zirkularra (behin behinekoa)
Temporada 18/19, Circular de natación nº 11 (provisional)

GUTXIENKO DENBORAK 18/19 DENBORALDIA // MÍNIMAS TEMPORADA 18/19

NEGUA/INVIERNO

BANAKAKO PROBAK/PRUEBAS INDIVIDUALES

EMAKUMEZKOAK / FEMENINO						GUTXIENKOAK MÍNIMAS 18/19	GIZONEZKOAK / MASCULINO					
INFANTIL		JUNIOR		PROMESA	ABSOLUTO		ABSOLUTO 1998/+	PROMESA 2000-1999	JUNIOR		INFANTIL	
2005	2004	2003	2002	2001-2000	1999 /+				2001	2002	2003	2004
		00:32,48	00:31,94	00:31,32	00:30,97	50 Libre	00:27,49	00:27,81	00:28,38	00:28,87		
		01:11,27	01:10,09	01:08,72	01:07,95	100 Libre	01:01,68	01:02,39	01:03,67	01:04,76		
		02:34,64	02:32,08	02:29,11	02:27,43	200 Libre	02:14,11	02:15,67	02:18,44	02:20,82		
05:48,00*	05:38,00*	05:26,26	05:20,87	05:14,60	05:11,06	400 Libre	04:49,34	04:52,71	04:58,68	05:03,83	05:15,00*	05:25,00*
11:57,00*	11:36,00*	11:12,04	11:00,93	10:48,02	10:40,73	800 Libre	09:54,43				10:48,00*	11:08,00*
22:33,00*	21:53,00*				20:07,71	1500 libre	19:05,19	19:18,51	19:42,16	20:02,54	20:48,00*	21:27,00*
		00:36,10	00:35,35	00:34,50	00:34,03	50 Txime./Mari.	00:30,97	00:31,39	00:32,14	00:32,79		
		01:22,71	01:21,01	01:19,06	01:17,98	100 Txime./Mari.	01:08,78	01:09,71	01:11,38	01:12,84		
		02:59,98	02:56,27	02:52,03	02:49,67	200 Txime./Mari.	02:33,95	02:36,03	02:39,77	02:43,03		
		00:38,22	00:37,52	00:36,73	00:36,28	50 Bizkar/Espal.	00:32,23	00:32,63	00:33,34	00:33,95		
		01:22,08	01:20,60	01:18,88	01:17,92	100 Bizkar/Espal.	01:09,63	01:10,49	01:12,03	01:13,35		
		02:55,21	02:52,04	02:48,38	02:46,32	200 Bizkar/Espal.	02:30,05	02:31,90	02:35,20	02:38,06		
		00:41,83	00:41,06	00:40,18	00:39,68	50 Bular/Braza	00:35,90	00:36,35	00:37,15	00:37,84		
		01:31,31	01:29,64	01:27,70	01:26,62	100 Bular/Braza	01:18,69	01:19,68	01:21,43	01:22,95		
		03:17,39	03:13,77	03:09,59	03:07,25	200 Bular/Braza	02:50,97	02:53,10	02:56,92	03:00,23		
		01:22,90	01:21,24	01:19,34	01:18,28	100 4 Estil./Estil.	01:09,34	01:10,25	01:11,89	01:13,31		
03:09,00*	03:03,00*	02:57,33	02:54,16	02:51,21	02:49,12	200 4 Estil./Estil.	02:35,37	02:37,39	02:40,25	02:43,33	02:48,00*	02:55,00*
06:41,00*	06:28,00*	06:17,34	06:10,60	06:04,32	05:59,87	400 4 Estil./Estil.	05:32,33	05:36,65	05:42,77	05:49,36	06:01,00*	06:13,00*





GIPUZKOAKO IGERIKETA FEDERAZIOA Federación Gipuzkoana de Natación
 Portuetxe 23B (CEMEI eraikina), 2. solairua, 16. bulegoa – 20018 DONOSTIA (Gipuzkoa)
 Tfno. 943 46 95 36 Fax: 943 46 56 88
<http://www.gif.eus> email: info@gif.eus

**NEGUA/INVIERNO
 ERRELEBOAK/RELEVOS**

EMAKUMEZKOAK / FEMENINO						GUTXIENEOAK MÍNIMAS 18/19	GIZONEZKOAK / MASCULINO					
INFANTIL		JUNIOR		PROMESA	ABSOLUTO		ABSOLUTO 1998/+	PROMESA 2000-1999	JUNIOR		INFANTIL	
2005	2004	2003	2002	2001-2000	1999 /+				2001	2002	2003	2004
		02:07,98				4X50 libre	01:53,00					
05:08,00		04:39,52				4X100 libre	04:11,36				04:38,00	
11:16,00		10:12,20				4X200 libre	09:18,90				10:18,00	
		02:20,76				4X50 4 Estil./Estil.	02:04,76					
05:39,00		05:07,44				4X100 4 Estil./Estil.	04:36,78				05:06,00	

MISTOAK/MIXTOS
4X50 libre
02:00,00
4X100 libre
04:25,00
4X50 4 Estil./Estil.
02:10,00
4X100 4 Estil./Estil.
04:51,00





UDARA/VERANO

BANAKAKO PROBAK/PRUEBAS INDIVIDUALES

EMAKUMEZKOAK / FEMENINO								GUTXIENEOAK	MASCULINO							
ALEBIN		INFANTIL		JUNIOR		PROMESA	ABSOLUTO	MINÍMAS 18/19	ABSOLUTO	PROMESA	JUNIOR		INFANTIL		ALEBIN	
2007	2006	2005	2004	2003	2002	2001-2000	1999/+		1998/+	2000-1999	2001	2002	2003	2004	2005	2006
		00:34,17	00:33,20	00:32,21	00:31,69	00:31,20	00:30,85	50 Libre	00:27,39	00:27,70	00:28,15	00:28,62	00:29,53	00:30,41		
		01:14,97	01:12,86	01:10,67	01:09,53	01:08,46	01:07,70	100 Libre	01:01,44	01:02,15	01:03,14	01:04,21	01:06,25	01:08,23		
		02:42,67	02:38,09	02:33,34	02:30,86	02:28,54	02:26,89	200 Libre	02:13,60	02:15,14	02:17,30	02:19,61	02:24,05	02:28,36		
06:18,00*	06:02,00*	05:43,22	05:33,54	05:23,52	05:18,30	05:13,40	05:09,92	400 Libre	04:48,25	04:51,57	04:56,23	05:01,21	05:10,80	05:20,09	05:45,00*	05:58,00*
12:55,00*	12:25,00*	11:46,97	11:27,04	11:06,39	10:55,64	10:45,55	10:38,38	800 Libre	09:52,20						11:38,00*	12:05,00*
24:15,00*	23:23,00*						20:03,27	1500 libre	19:00,88	19:14,00	19:32,47	19:52,17	20:30,13	21:06,87	22:23,00*	23:17,00*
				00:35,72	00:35,00	00:34,34	00:33,88	50 Txime./Mari.	00:30,83	00:31,24	00:31,83	00:32,46				
		01:28,28	01:25,07	01:21,84	01:20,21	01:18,69	01:17,63	100 Txime./Mari.	01:08,48	01:09,40	01:10,69	01:12,09	01:14,84	01:17,56		
		03:12,09	03:05,10	02:58,09	02:54,52	02:51,23	02:48,92	200 Txime./Mari.	02:33,28	02:35,33	02:38,23	02:41,36	02:47,51	02:53,61		
				00:37,86	00:37,20	00:36,57	00:36,13	50 Bizkar/Espal.	00:32,10	00:32,49	00:33,05	00:33,64				
		01:26,82	01:24,10	01:21,33	01:19,89	01:18,56	01:17,61	100 Bizkar/Espal.	01:09,36	01:10,20	01:11,40	01:12,68	01:15,16	01:17,59		
		03:05,32	02:59,53	02:53,59	02:50,53	02:47,68	02:45,66	200 Bizkar/Espal.	02:29,45	02:31,27	02:33,85	02:36,61	02:41,96	02:47,19		
				00:41,44	00:40,70	00:40,01	00:39,52	50 Bular/Braza	00:35,76	00:36,20	00:36,82	00:37,49				
		01:36,67	01:33,60	01:30,46	01:28,84	01:27,34	01:26,27	100 Bular/Braza	01:18,37	01:19,34	01:20,71	01:22,18	01:25,03	01:27,82		
		03:28,97	03:22,33	03:15,55	03:12,06	03:08,80	03:06,50	200 Bular/Braza	02:50,28	02:52,38	02:55,35	02:58,54	03:04,73	03:10,79		
		01:28,27	01:25,17	01:22,05	01:20,46	01:18,98	01:17,94	100 Estil./Estil.	01:09,05	01:09,94	01:11,21	01:12,58	01:15,26	01:17,90		
03:23,00*	03:15,00*	03:05,40	02:59,87	02:55,72	02:52,66	02:50,50	02:48,45	200 Estil./Estil.	02:34,72	02:36,71	02:38,80	02:41,76	02:45,81	02:51,25	03:06,00*	03:14,00*
07:02,00*	06:48,00*	06:34,51	06:22,73	06:13,91	06:07,40	06:02,81	05:58,44	400 Estil./Estil.	05:30,94	05:35,19	05:39,65	05:46,00	05:54,66	06:06,29	06:25,00*	06:39,00*





GIPUZKOAKO IGERIKETA FEDERAZIOA Federación Gipuzkoana de Natación
 Portuetxe 23B (CEMEI eraikina), 2. solairua, 16. bulegoa – 20018 DONOSTIA (Gipuzkoa)
 Tfno. 943 46 95 36 Fax: 943 46 56 88
<http://www.gif.eus> email: info@gif.eus

**UDARA/VERANO
 ERRELEBOAK/RELEVOS**

EMAKUMEZKOAK / FEMENINO								GUTXIENEOAK	MASCULINO							
ALEBIN		INFANTIL		JUNIOR		PROMESA	ABSOLUTO	MINÍMAS 18/19	ABSOLUTO	PROMESA	JUNIOR		INFANTIL		ALEBIN	
2007	2006	2005	2004	2003	2002	2001-2000	1999/+		1998/+	2000-1999	2001	2002	2003	2004	2005	2006
				02:07,98				4X50 libre	01:52,42							
05:21,00		04:59,38			04:39,52			4X100 libre	04:09,40			04:29,70		04:41,00		
11:42,00		10:55,68			10:12,20			4X200 libre	09:14,53			09:59,68		10:25,00		
				02:20,76				4X50 Estil./Estil.	02:03,78							
05:53,00		05:29,28			05:07,44			4X100 Estil./Estil.	04:34,62			04:56,98		05:10,00		

MISTOAK/MIXTOS
4X50 libre
02:00,00
4X100 libre
04:25,00
4X50 4 Estil./Estil.
02:10,00
4X100 4 Estil./Estil.
04:51,00





GIPUZKOA OPEN SARIA

EMAKUMEZKOAK / FEMENINO			GUTXIENEOAK MÍNIMAS 18/19	GIZONEZKOAK / MASCULINO		
INFANTIL 2005-2004	JUNIOR 2003-2002	ABSOLUTO Guztiak/Todas		SENIOR Guztiak/Todas	JUNIOR 2001-2002	INFANTIL 2003-2004
00:32,91	00:31,56	00:30,74	50 Libre	00:27,29	00:28,03	00:29,26
01:12,21	01:09,26	01:07,45	100 Libre	01:01,22	01:02,89	01:05,64
02:36,67	02:30,27	02:26,36	200 Libre	02:13,11	02:16,75	02:22,73
05:30,55	05:17,05	05:08,79	400 Libre	04:47,18	04:55,04	05:07,94
11:20,88	10:53,06	10:36,06	800 Libre	09:50,00		
		19:58,89	1500 libre	18:56,64	19:27,74	20:18,79
00:36,70	00:34,83	00:33,73	50 Txime./Mari.	00:30,70	00:31,68	00:33,32
01:24,09	01:19,82	01:17,29	100 Txime./Mari.	01:08,19	01:10,36	01:14,01
03:02,98	02:53,68	02:48,17	200 Txime./Mari.	02:32,62	02:37,48	02:45,66
00:38,77	00:37,04	00:35,99	50 Bizkar/Espal.	00:31,97	00:32,90	00:34,44
01:23,27	01:19,55	01:17,30	100 Bizkar/Espal.	01:09,08	01:11,09	01:14,42
02:57,75	02:49,80	02:45,01	200 Bizkar/Espal.	02:28,86	02:33,19	02:40,35
00:42,45	00:40,52	00:39,37	50 Bular/Braza	00:35,61	00:36,66	00:38,40
01:32,65	01:28,46	01:25,93	100 Bular/Braza	01:18,06	01:20,36	01:24,17
03:20,30	03:11,22	03:05,76	200 Bular/Braza	02:49,60	02:54,59	03:02,88
			100 4 Estil./Estil.			
02:58,16	02:51,93	02:47,79	200 4 Estil./Estil.	02:34,08	02:38,09	02:44,14
06:19,10	06:05,85	05:57,03	400 4 Estil./Estil.	05:29,57	05:38,14	05:51,09

GUTXIENEOAK MÍNIMAS 18/19
MISTOAK/MIXTOS
4X100 libre
04:20,00
4X100 4 Estil./Estil.
04:45,00

25m-ko igerilekua eta kronometraje elektronikoari dagozkion gutxieneko denborak
 Mínimas referidas a piscina de 25 m. y cronometraje electrónico
 * Giltza diren gutxienekoak/* Mínimas llave



IGERIKETA EGOKITUA // NATACIÓN ADAPTADA
NEGUA/INVIERNO, UDARA/VERANO, GIPUZKOA OPEN SARIA

GIZONEZKOAK / MASCULINO														
	50L	100L	200L	400L	50E	100E	200E	50B	100B	200B	50M	100M	100EI	200EI
S1	01:49,31	03:52,26	08:29,21	x	02:16,81	x	x	02:33,79	x	x	03:22,01	x	x	x
S2	01:41,23	03:31,32	07:49,20	x	01:48,19	x	x	01:36,22	x	x	02:19,72	x	x	x
S3	01:12,84	02:40,77	5.35,92	x	01:15,76	x	x	01:22,91	x	x	01:35,38	x	x	07:52,39
S4	01:04,19	02:20,95	05:00,63	x	01:13,03	02:46,43	x	01:14,28	02:37,77	x	01:09,21	x	x	06:07,06
S5	00:54,80	01:56,94	04:10,52	x	00:59,91	02:10,64	x	01:12,16	02:36,46	x	00:58,39	02:13,01	02:15,07	04:48,84
S6	00:48,85	01:51,91	03:59,72	08:12,04	00:59,86	02:05,78	x	01:04,46	02:07,18	x	00:51,12	02:00,99	02:07,68	04:31,23
S7	00:47,31	01:43,17	03:54,62	07:57,32	00:55,67	01:58,87	04:36,24	01:01,78	02:03,97	04:45,68	00:50,42	01:56,68	02:01,95	04:21,84
S8	00:44,13	01:36,57	03:43,30	07:34,99	00:52,76	01:48,27	04:16,65	00:53,98	01:54,58	04:13,04	00:47,94	01:43,36	01:50,56	04:00,96
S9	00:42,97	01:34,56	03:29,55	07:07,37	00:50,95	01:45,59	03:52,14	00:49,86	01:49,47	04:03,27	00:46,51	01:41,28	01:41,00	03:48,45
S10	00:39,60	01:26,98	03:15,72	06:46,47	00:47,63	01:42,61	03:50,91	x	x	x	00:43,17	01:35,74	01:38,63	03:42,31
S11	00:43,21	01:36,90	03:33,02	07:26,01	00:55,24	01:55,83	04:22,34	00:55,48	01:59,83	04:37,97	00:47,89	01:44,51	01:58,63	04:03,50
S12	00:39,31	01:27,05	03:24,22	07:00,56	00:48,15	01:41,48	03:56,14	00:52,18	01:52,90	04:23,47	00:45,09	01:37,19	01:41,62	03:43,78
S13	00:40,61	01:27,29	03:16,69	06:42,80	00:47,14	01:37,41	03:51,27	00:51,12	01:48,72	04:14,49	00:41,94	01:33,91	01:46,36	03:31,67
S14	00:42,97	01:34,56	03:29,55	07:13,68	00:50,95	01:44,22	04:02,73	00:51,29	01:52,85	04:16,22	00:46,16	01:40,20	01:41,00	03:47,75
S14D	00:44,13	01:36,57	03:43,30	07:34,99	00:52,76	01:48,27	04:16,65	01:01,78	02:03,97	04:45,68	00:47,94	01:43,36	01:50,56	04:00,96
EMAKUMEZKOAK / FEMENINO														
	50L	100L	200L	400L	50E	100E	200E	50B	100B	200B	50M	100M	100EI	200EI
S1	02:26,65	04:35,87	09:23,71	x	02:01,35	x	x	02:57,64	x	x	02:34,87	x	x	x
S2	01:53,73	03:54,18	08:15,94	x	01:47,72	x	x	02:04,17	x	x	01:45,84	x	x	x
S3	01:20,59	02:46,85	06:26,52	x	01:36,81	x	x	01:32,69	x	x	01:35,75	x	x	x
S4	01:11,34	02:38,03	05:31,54	x	01:22,91	02:57,68	x	01:22,86	02:57,82	x	01:36,37	x	x	x
S5	01:01,35	02:11,06	04:41,47	x	01:06,14	02:38,87	x	01:14,34	02:40,48	x	01:09,27	03:21,16	02:41,37	05:30,76
S6	00:59,45	02:05,39	04:29,18	09:05,77	01:08,19	02:24,85	x	01:16,77	02:43,31	x	01:01,64	02:32,64	02:34,63	05:15,33
S7	00:54,10	01:56,32	04:10,40	08:31,31	01:06,75	02:19,48	05:00,37	01:11,93	02:31,38	05:43,87	00:57,81	02:17,03	02:03,57	04:48,01
S8	00:51,77	01:52,22	04:01,32	08:02,69	01:03,35	02:07,15	05:05,57	01:02,19	02:11,95	04:57,34	00:55,86	01:59,33	02:03,57	04:26,75
S9	00:49,65	01:44,44	03:42,09	07:31,10	00:57,50	01:58,50	04:13,57	01:02,27	02:11,54	04:57,70	00:54,68	01:54,12	01:41,00	04:12,78
S10	00:48,52	01:42,85	03:47,85	07:41,66	00:54,51	01:52,68	04:06,09	x	x	x	00:48,52	01:49,35	01:54,02	04:09,05
S11	00:52,90	01:55,06	04:22,17	08:51,40	01:02,39	02:14,38	04:52,20	01:08,24	02:29,40	05:26,91	00:56,85	02:08,53	02:14,60	04:45,41
S12	00:45,99	01:39,87	03:52,45	07:54,29	00:57,06	01:56,26	04:18,42	00:59,96	02:10,12	05:01,02	00:51,41	01:47,91	01:57,81	04:13,07
S13	00:46,81	01:40,66	03:44,72	07:39,36	00:55,76	01:55,06	04:25,11	01:02,02	02:11,87	04:53,24	00:52,05	01:52,77	02:01,85	04:12,46
S14	00:49,65	01:44,44	03:42,09	08:07,34	00:57,50	01:52,29	04:10,35	01:00,15	02:11,41	04:45,56	00:52,58	01:58,10	01:54,02	04:16,01
S14D	00:51,77	01:52,22	04:01,32	08:02,69	01:03,35	02:07,15	05:05,57	01:11,93	02:31,38	04:57,34	00:55,86	01:59,33	02:03,57	04:26,75

25m-ko igerilekua eta kronometraje elektronikokoari dagozkion gutxieneko denborak
 Mínimas referidas a piscina de 25 m. y cronometraje electrónico